Internet Contract

tweens and beyond

* I will not post anything online that may intentionally cause hurt, distress or embarrassment to others *I will not 'like' or 'share' anything that may be disrespectful to others or cause them hurt or embarrassment. I will remember that by doing so I am endorsing the same sentiments as the post *I will not neglect other areas of my life in favour of time spent with my device. ie I will still make time for friends in real life, homework, chores, eating and sleeping *I will not post photos or videos of my friends without their permission, especially if I think they wouldn't approve *I will speak to a trusted adult if I see anything online that makes me feel nervous, uncomfortable or threatened in any way *I will understand that the world is full of people with vastly different values and beliefs. I will keep that in mind before making judgements of others online *I will take the time to walk away and think before posting anything online when I am angry or mad
*I will remember that nothing is ever really private online, so I will only post things I am happy for the rest of the world to see
If I don't abide by these rules then my parents can take the appropriate steps to help me manage my internet and device use better
Signed by adolescent

Signed by Parent _

Date:

PARENT
HELPING FAMILIES IN
THE MODERN WORLD